

# UNDERSTANDING YOURSELF AND OTHERS

Team Workshop

Workshop outcomes;

- reduced conflict and more team harmony
- increased collaboration and less aggressiveness
- increased engagement and a positive approach
- genuine acceptance of opposing personality styles

*“Improve communication and reduce conflict”*



# UNDERSTANDING YOURSELF AND OTHERS



A **team building** and **communication** workshop specifically designed for **Early Childhood** and **OSHC** teams.

Do you want to help your team work better together?

This in-service is designed for your entire team, providing them with insights into each other's personalities & exploring strategies to increase communication, cooperation & team effectiveness.

## Workshop Outline

In this practical 2 hour workshop we'll:

- Explore the essentials of an effective team
- Complete an insightful personality self assessment
- Create practical tools to increase communication
- Demonstrate strategies for effective interactions
- Explore how we can interact to bring out the best in each other

## What is Included?

- A two hour fun, practical & interactive team building & communication workshop
- We come to you, at a time that suits you and train your entire team together
- All workbooks and course materials
- Individual personality self-assessments
- LDCPD Eligible spend
- Supports exceeding in QA 7, 4 & 5

Book **'Understanding Yourself and Others'** for your team.

## Feedback from previous workshops...

- *Thanks for a great session! Look forward to putting it into practice.*
- *Very Impressed, great seminar. We now have a very positive direction.*
- *This course was so much more than I expected.*
- *Useful, practical, interactive and relevant. Thank you so much.*
- *I can better handle difficult situations now. Thank you.*
- *Great training!*



Call 1300 366 896

Find us on 

facebook.com/FarranStreetEducation  
email [education@farranstreet.com.au](mailto:education@farranstreet.com.au)

